

The United Methodist Church at Mount Tabor
5 Simpson Avenue
PO Box 29
Mount Tabor, NJ 07878-0029

ADDRESS SERVICE REQUESTED



Time Value—Please Do Not Delay



THE UNITED METHODIST CHURCH AT MOUNT TABOR

NEWSLETTER—NOVEMBER 2020





NOVEMBER 2020

UMC at Mount Tabor

From The Pastor—

Rev. Rosario Quiñones
Pastor
Rev. Carolyn Fagan
Pastor Emeritus
Pastor Jeannette Zajac
Student Pastor
Dawn Zinckgraf
Manager of Tabor's
Treasures Thrift
Shop
Dodi Skovronek
Office Administrator

5 Simpson Avenue
PO Box 29
Mount Tabor, NJ 07878
973-627-4243
Email:
umcmounttabor@verizon.net
taborstreasuresumc@gmail.com
Website:
www.umcmounttabor.com

Inside this issue:

Pastor's Message	2
Worship Information	3
Calendar	4
Commissioning	5
Garden of Peace	6
All Saints' Day	7
Bible Study	8
Pasties	9
Poinsettias	10
Food Pantry	11
Cheesecake Sale	12-13
Announcements	14-18
Birthdays	19
Prayer Requests	20
Contact Info	21

Greetings!

There's a season for everything and a time for every matter under the heavens... Ecclesiastes 3:1

During this very uncommon year, we are in the midst of general elections. These coming days will be a time of celebration and hope for many, yet for many others a time of fear and anxiety. Regardless of the outcome of the elections, for whom we voted or where we stand, we are a community of faith who cares for each other., We are called to love and care for each other's well-being and dignity because our relationship with each other is deeply rooted in God.

In times such as this, I invite you to keep in prayer for the days and weeks to come, to connect with each other to see how they are doing and how we can help, to come and worship with us at church, and to contact me if you need spiritual guidance or need someone to talk to. Include in your daily tasks the Prayer of Saint Francis.

Prayer of Saint Francis

*Lord, make me an instrument
of your peace;
where there is hatred, let me
sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness,
joy.*

*O Divine Master,
grant that I may not so much
seek to be consoled as to con-
sole;
to be understood, as to under-
stand;*

We are coronavirus fatigued, racism fatigued, and elections fatigued. But unfortunately, none of this is over yet. The days to come will be intense and we must continue standing together with courage. As in the past, The United Methodist Church at Mt. Tabor is standing strong to welcome all who need a word of encouragement, a place to pray, a place to worship, a place to seek spiritual guidance, and/or a place to be in fellowship with others following required safety measures.

This community has a long history of faith and each generation has overcome the tragedies of their time with hope and courage. We follow their legacy with gratitude.

This Sunday we celebrate **All Saints' Day**. It is a time to remember and celebrate the lives of those who came before us and are no longer with us. You are invited to come to worship and celebrate the life of your loved ones that have been called by God.

The days ahead, let us remember and honor our Wesleyan heritage that calls us to follow three simple rules:

Do No Harm; Do All the Good You Can, Stay in Love With God.

Many Blessings!

Pastor Rosario L. Quinones

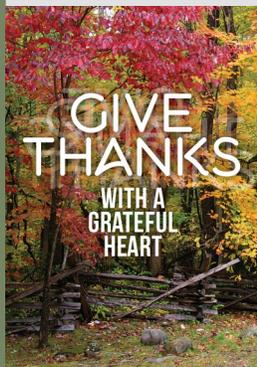
PLEASE SUPPORT
THE INTERFAITH
FOOD PANTRY
WITH YOUR
NON-PERISHABLE
DONATION!

Our next Food
Pantry Sunday
is
November
29th.



Happy
Thanksgiving!

Whether
you're cele-
brating with
family or
alone, we wish
you a blessed
day!



WORSHIP INFORMATION

We are finally back to indoor worship!!
Join us at 11:00am, we will be back in the sanctuary.
Masks are required. Temperature checks upon arrival.
Socially distant seating.
It is good to be back.
Please join us!



POPE FRANCIS' FIVE FINGER PRAYER

- 
- 1.) THE THUMB IS THE CLOSEST FINGER TO YOU. SO START PRAYING FOR THOSE WHO ARE CLOSEST TO YOU. THEY ARE THE PERSONS EASIEST TO REMEMBER. TO PRAY FOR OUR DEAR ONES IS A "SWEET OBLIGATION."
 - 2.) THE NEXT FINGER IS THE INDEX. PRAY FOR THOSE WHO TEACH YOU, INSTRUCT YOU AND HEAL YOU. THEY NEED THE SUPPORT AND WISDOM TO SHOW DIRECTION TO OTHERS. ALWAYS KEEP THEM IN YOUR PRAYERS.
 - 3.) THE FOLLOWING FINGER IS THE TALLEST. IT REMINDS US OF OUR LEADERS, THE GOVERNORS AND THOSE WHO HAVE AUTHORITY. THEY NEED GOD'S GUIDANCE.
 - 4.) THE FOURTH FINGER IS THE RING FINGER. EVEN THAT IT MAY SURPRISE YOU, IT IS OUR WEAKEST FINGER. IT SHOULD REMIND US TO PRAY FOR THE WEAKEST, THE SICK OR THOSE PLAGUED BY PROBLEMS. THEY NEED YOUR PRAYERS.
 - 5.) AND FINALLY WE HAVE OUR SMALLEST FINGER, THE SMALLEST OF ALL. YOUR PINKIE SHOULD REMIND YOU TO PRAY FOR YOURSELF. WHEN YOU ARE DONE PRAYING FOR THE OTHER FOUR GROUPS, YOU WILL BE ABLE TO SEE YOUR OWN NEEDS BUT IN THE PROPER PERSPECTIVE, AND ALSO YOU WILL BE ABLE TO PRAY FOR YOUR OWN NEEDS IN A BETTER WAY.

November 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 DAYLIGHT SAVINGS TIME ENDS! Worship 11a Youth Bible Study 1p	2 Office Hours 10a-2p	3 ELECTION DAY Tabor's Treasures 10a-2p	4 Office Hours 10a-2p Tabor's Treasures 10a-2p	5 Tabor's Treasures 4p-8p	6 Office Hours 10a-2p Tabor's Treasures 10-2p	7 Tabor's Treasures 9a-1p
8 Worship 11a Youth Bible Study 1p	9 Office Hours 10a-2p Ad Council 7p	10 Tabor's Treasures 10a-2p	11 VETERANS' DAY Office Hours 10a-2p Tabor's Treasures 10a-2p	12 Tabor's Treasures 4p-8p	13 Office Hours 10a-2p Tabor's Treasures 10-2p	14 Tabor's Treasures 9a-1p
15 Worship 11a Youth Bible Study 1p	16 Office Hours 10a-2p	17 Tabor's Treasures 10a-2p	18 Office Hours 10a-2p Tabor's Treasures 10a-2p	19 Tabor's Treasures 4p-8p	20 Office Hours 10a-2p Tabor's Treasures 10-2p	21 Tabor's Treasures 9a-1p
22 Worship 11a Youth Bible Study 1p	23 Office Hours 10a-2p	24 Tabor's Treasures 10a-2p Incarnation Virtual Study 7p via Zoom	25 Office Hours 10a-2p Tabor's Treasures 10a-2p	26 THANKSGIVING Tabor's Treasures Closed	27 Office Closed Tabor's Treasures Closed	28 Tabor's Treasures Closed
29 Worship 11a Youth Bible Study 1p	30 Office Hours 10a-2p					



**CONGRATULATIONS
PASTOR ROSARIO
ON YOUR COMMISSIONING
AT THE ANNUAL CONFERENCE
OCTOBER 6th!**

**Pastor Rosario is a Candidate for
Commissioning on the Elder Track.**

We rejoice with her at this milestone!

GARDEN OF PEACE DEDICATION

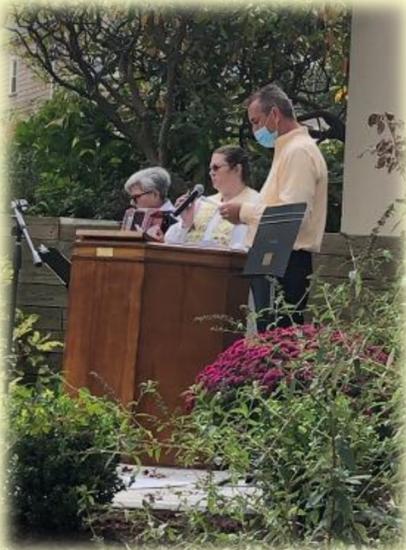
Our Garden of Peace was dedicated on October 11, 2020. Memorial Stones were laid and some ashes were interred during this special ceremony.

Many thanks to Mike Zinckgraf and his committee for the vision and all of the hard work to bring this to fruition.

You may view the service here:

<https://www.facebook.com/michael.zinckgraf/videos/4634790836562311>

If you'd like information on the Garden of Peace, please contact the church office.





**Remembering Those Who Died
November 2019 – October 2020**

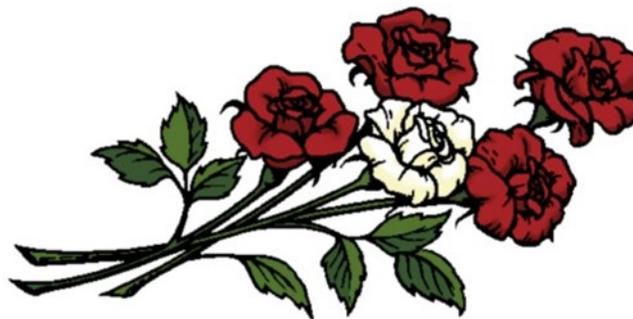
CHURCH MEMBERS

**Barry Halsey
Jean Jones
Anne Newman**

FAMILY AND FRIENDS

**Imogene Abney
Mike Berger
Joseph Jaferty
Glenn Kelsey**

**Aunt of Sharon Dickerson
Friend of The Dickerson & The Ververs Families
Family Friend of Linda Hemenetz
Friend of many**



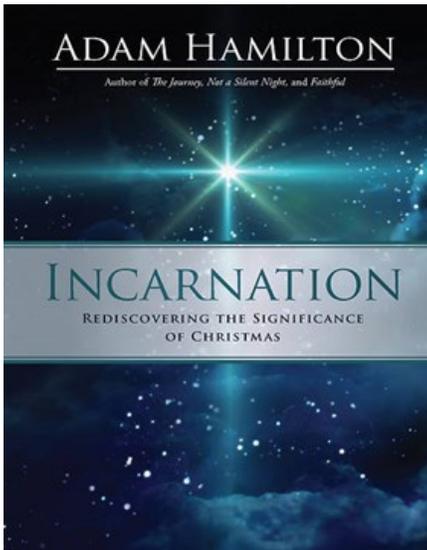
Incarnation

Be Transformed this Advent Season!

**Join us in ZOOM Tuesdays at 7 p.m. starting
November 24, 2020**

Facilitator: Pastor Rosario L. Quiñones

His parents gave him the name Jesus. But the prophets, the shepherds, the wise men, and the angels addressed him by other names. They called him **Lord, Messiah, Savior, Emmanuel, Light of the World, and Word Made Flesh.**



In ***Incarnation: Rediscovering the Significance of Christmas***, best-selling author Adam Hamilton examines the names of Christ used by the gospel writers, exploring the historical and personal significance of his birth.

This Advent season church families will come together to remember what's important. In the face of uncertainty and conflict, Christians reclaim the Christ Child who brings us together, heals our hearts, and calls us to bring light into the darkness.

Now more than ever, we invite you to reflect upon the significance of the Christ-child for our lives and world today!

Weekly Topics include:

11/24 – The Royal Titles: Lord and Messiah

12/01 – The Deliverer's Title: Savior

12/08 – The Incarnate Title: Emmanuel

12/15-The Light of the World 12/22 – Epilogue: The Word Made Flesh

A NOTE FROM JEFF DICKERSON ON THE PASTY SALE

A year ago, God had a plan. He said, "Jeff, help out Adam and Trish with the Pasty Sale". Well, I did and it was a great experience and I'm so glad I was asked to help. (He asked me through Trish, truth be told).

This year, Adam and Trish were super busy with Covid related increases in their workload so I offered to run it for them. Here's the rundown, by the numbers:

This year, we sold 167...14 more than 2019. The Church profits about \$300, and that's not all. Of the 31 orders, about half are from non-church members. That means about 15 neighbors will know where we are and see what we do. It's great to know we are reaching out beyond our congregation.

Thanks to Adam and Trish for their years of running the sale. Hope we can reunite our 2019 team in the spring of 2021! Thanks to Sandy Cisco for the suggestion of putting the Cheesecake forms with the outgoing pasty orders. Thanks to Dodi for squeezing this update into the Tidings at the 11th hour and for printing the cheesecake order forms. Thanks to Taylor and Sharon for helping with the distribution. And finally, thanks to God for always having a plan!



Christmas Poinsettias/Donations

2020 Order Form



Christmas flowers and decorations add so much to the beauty of our sanctuary during the Christmas worship and gives us a deeper feeling of the season.

You have two ways of helping beautify the Church:

- 1) You may purchase poinsettias for \$10.00 each. And/or
- 2) You may donate money. Contributions may be in any amount.

What a wonderful way to remember someone special.
Both options may be given in honor or memory of a person.

Please complete the order form below and place it in the offering plate or mail it back to the Church office by **December 13th.**

1) Please accept a donation in the amount of \$ _____

AND/OR

2) Please order: _____ red poinsettia(s) _____ white poinsettia(s)

Total plant order \$ _____

Given in memory of _____

Given in honor of _____

Given by _____

Please make your check payable to the UMC at Mt. Tabor and mark your envelope Christmas Flowers. PLEASE NOTE: December 13th is the absolute deadline, so place your orders early!

FOOD DRIVE

UNITED METHODIST CHURCH AT MOUNT TABOR

Sunday, November 29th

10:00 a.m. to noon

To benefit the



Interfaith Food Pantry
and Resource Center

IT'S THAT TIME AGAIN!!

Our church and our community have been VERY generous in helping meet the needs of the Interfaith Food Pantry.

But the food pantry **continues to be in desperate need of food.**

Please drop your items outside the front of the church. No contact with anyone!!! We will take them to the food pantry. We donated 170 pounds of food for the 3rd Quarter 2020!!

This is a tough time for everyone...but we are at our best when we help each other.

THANK YOU!!!



CHEESECAKE SALE FUNDRAISER!

Original Gourmet Cheesecake!! \$20

Vanilla, Chocolate Chip, Strawberry, Marble Swirl,
Black Forest Swirl, Pumpkin, Chocolate (\$22)

Gluten Free Cheesecake!! \$24

GF Vanilla, GF Chocolate, GF Marble,
GF Pumpkin

Keto Cheesecake \$23

Vanilla Almond Crusted

Apple Crumb Pie \$24

Already tested and thoroughly enjoyed by members of our congregation!

Cakes arrive DECEMBER 17th.

FREEZE UNTIL CHRISTMAS

Please ask for a sales sheet or contact:

Janet Ryans, 973-219-4084, janetery@gmail.com

MO UPDATE

Ways we are in mission during this time of 'distancing'—

Food Drives will be held each Food Pantry Sunday (last Sunday of each month) 10am-12noon. Contactless drop off!

We have a TON of **fabric available for FREE for those making masks** to assist in the fight against COVID-19! Contact The Church Office.

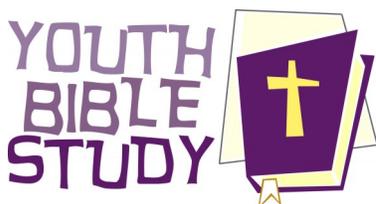
Our '**Caring Contacts**' team is reaching out by phone call/emails to our members. If you are interested in joining the effort, contact the church office.

YOUTH BIBLE STUDY

A Youth Bible Study has begun on Sundays, at 1:00pm, via Zoom.

All youth are invited and encouraged to attend. Please feel free to bring your friends!

Zoom links are being emailed weekly. If you need a Zoom link, please contact Pastor Jeannette or call the Church Office.



WORSHIP ONLINE

For those who cannot physically come to worship, we can still worship "together" in our own homes. Join us on Sunday mornings (or whenever you can tune in) on YouTube and Facebook. The services will be streaming on Facebook Live also. Separate but together!

PLEASE VOTE

Please remember to vote! November 3rd is Election Day!!

Ballots were mailed to all registered voters. They may be returned by mail or put into a secure election drop box.

This is your right, your duty, your voice!



Steps to help prevent the spread of COVID-19 if you are sick

FOLLOW THE STEPS BELOW: If you are sick with COVID-19 or think you might have it, follow the steps below to help protect other people in your home and community.

Stay home except to get medical care

- **Stay home:** People who are mildly ill with COVID-19 are able to recover at home. Do not leave, except to get medical care. Do not visit public areas.
- **Stay in touch with your doctor.** Call before you get medical care. Be sure to get care if you feel worse or you think it is an emergency.
- **Avoid public transportation:** Avoid using public transportation, ride-sharing, or taxis.



Separate yourself from other people in your home, this is known as home isolation

- **Stay away from others:** As much as possible, you should stay in a specific “sick room” and away from other people in your home. Use a separate bathroom, if available.
- **Limit contact with pets & animals:** You should restrict contact with pets and other animals, just like you would around other people.
 - Although there have not been reports of pets or other animals becoming sick with COVID-19, it is still recommended that people with the virus limit contact with animals until more information is known.
 - When possible, have another member of your household care for your animals while you are sick with COVID-19. If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with them. See COVID-19 and Animals for more information.



Call ahead before visiting your doctor

- **Call ahead:** If you have a medical appointment, call your doctor’s office or emergency department, and tell them you have or may have COVID-19. This will help the office protect themselves and other patients.



Wear a facemask if you are sick

- **If you are sick:** You should wear a facemask when you are around other people and before you enter a healthcare provider’s office.
- **If you are caring for others:** If the person who is sick is not able to wear a facemask (for example, because it causes trouble breathing), then people who live in the home should stay in a different room. When caregivers enter the room of the sick person, they should wear a facemask. Visitors, other than caregivers, are not recommended.



Cover your coughs and sneezes

- **Cover:** Cover your mouth and nose with a tissue when you cough or sneeze.
- **Dispose:** Throw used tissues in a lined trash can.
- **Wash hands:** Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



Clean your hands often

- **Wash hands:** Wash your hands often with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- **Hand sanitizer:** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.
- **Soap and water:** Soap and water are the best option, especially if hands are visibly dirty.
- **Avoid touching:** Avoid touching your eyes, nose, and mouth with unwashed hands.



Avoid sharing personal household items

- **Do not share:** Do not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home.



CS19109-4 05/08/2020

[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

Wash thoroughly after use: After using these items, wash them thoroughly with soap and water or put in the dishwasher.

Clean all “high-touch” surfaces everyday

Clean high-touch surfaces in your isolation area (“sick room” and bathroom) every day; let a caregiver clean and disinfect high-touch surfaces in other areas of the home.

Clean and disinfect: Routinely clean high-touch surfaces in your “sick room” and bathroom. Let someone else clean and disinfect surfaces in common areas, but not your bedroom and bathroom. If a caregiver or other person needs to clean and disinfect a sick person’s bedroom or bathroom, they should do so on an as-needed basis. The caregiver/other person should wear a mask and wait as long as possible after the sick person has used the bathroom.

High-touch surfaces include phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables.

Clean and disinfect areas that may have blood, stool, or body fluids on them.

Household cleaners and disinfectants: Clean the area or item with soap and water or another detergent if it is dirty. Then, use a household disinfectant. Be sure to follow the instructions on the label to ensure safe and effective use of the product. Many products recommend keeping the surface wet for several minutes to ensure germs are killed. Many also recommend precautions such as wearing gloves and making sure you have good ventilation during use of the product.

Most EPA-registered household disinfectants should be effective.

Monitor your symptoms

Seek medical attention, but call first: Seek medical care right away if your illness is worsening (for example, if you have difficulty breathing). **Call your doctor before going in:** Before going to the doctor’s office or emergency room, call ahead and tell them your symptoms. They will tell you what to do.

Wear a facemask: If possible, put on a facemask before you enter the building. If you can’t put on a facemask, try to keep a safe distance from other people (at least 6 feet away). This will help protect the people in the office or waiting room.

Follow care instructions from your healthcare provider and

local health department: Your local health authorities will give instructions on checking your symptoms and reporting information.

If you develop **emergency warning signs** for COVID-19 get **medical attention immediately**. Emergency warning signs include*:

Difficulty breathing or shortness of breath

Persistent pain or pressure in the chest

New confusion or inability to arouse

Bluish lips or face

How to discontinue home isolation

People **with COVID-19 who have stayed home (home isolated)** can stop home isolation under the following conditions: **If you will not have a test** to determine if you are still contagious, you can leave home after these three things have happened: You have had no fever for at least 72 hours (that is three full days of no fever without the use medicine that reduces fevers) AND

other symptoms have improved (for example, when your cough or shortness of breath have improved) AND

at least 7 days have passed since your symptoms first appeared

If you will be tested to determine if you are still contagious, you can leave home after these three things have happened: You no longer have a fever (without the use medicine that reduces fevers) AND

other symptoms have improved (for example, when your cough or shortness of breath have improved) AND

you received two negative tests in a row, 24 hours apart. Your doctor will follow CDC guidelines.

In all cases, follow the guidance of your healthcare provider and local health department. The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments. Local decisions depend on local circumstances.

More information is available [here](#).

Additional information for healthcare providers: [Interim Healthcare Infection Prevention and Control Recommendations for Persons Under Investigation for 2019 Novel Coronavirus](#).

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Call 911 if you have a medical emergency: If you have a med-

Offering During The Pandemic

COVID-19 has made many aspects of life difficult, including finances. If you are able, please continue giving to the church. Perhaps you can even give a little more to help offset those who are unable to do so at this time.

If you are experiencing financial difficulty yourself, please contact Pastor Rosario. And remember, we are praying for you.

4 ways to give:

- Send your check to the church office. Thank you to all those who have sent offering already!
 - Set up automatic, recurring gifts through your bank.
 - Donate electronically via GIVELIFY (instructions below).
- Donate electronically through the Conference website gnjumc.org (click on the heading at the top of the page entitled ‘give to your church’).



How To Make Your First Givelify Donation

- 1 Download the free Givelify app



- 2 Locate our Place of Worship

- 3 Tap My Place of Worship

- 4 Tap the Give button

- 5 Tap an amount

- 6 Select an envelope

- 7 Tap Give Now

- 8 Create your account

- 9 Enter payment information

➔ Next time you use Givelify, save time with the **1-TAP GIVE NOW** button

November



HAPPY BIRTHDAY!

Nov. 5th Debra Duncan
 Nov. 10th Paula Spille, Zaron Spector
 Nov. 17th Sarah Scala McNally, Cindy Scala
 Nov. 22nd David Ober
 Nov. 25th Jan Atkinson, Denise Rothman,
 Tori Rothman

HAPPY ANNIVERSARY!

Nov. 1st Chrissy & Jeff Weaver
 Nov. 5th Wendy & Lester Dagner
 Nov. 7th Bonnie & Larry Zeh



Members and Friends In The Military

Erin Parker, *US Air Force*, former church member and son of Kathy & Chris Parker
Michael O'Neil
Drew Greenlees, *US Navy*, serving in Iraq, Graduate of PHHS, grew up in Glacier Hills
Mike Sgambati, *US Air Force*, living in New Mexico, Husband of Melissa Meyers
Alex Degrosky, friend of the Scala Family
Steven Masker, *US Army*, back in the US, friend of the Dickerson Family
Melissa Pier, *US Marines*
Danny Antolos, friend of Ruth Blazure
Ridar Gunderson, *US Marines*



Tabor's Treasures
THRIFT SHOP

Hours:

Tuesday 10a-2p
 Wednesday 10a-2p
 Thursday 4p-8p
 Friday 10a-2p
 Saturday 9a-1p

We apologize if you were not included on our list. If we have not listed your birthday, please contact the church office so we can include you in future editions.

ANNOUNCEMENTS

BITS & PIECES

Do you have something to announce? The deadline for the **weekly bulletin** is Wednesday at 10:00am. The deadline for the **monthly Tidings** newsletter will be the 20th of each month. Please feel free to contribute!!

PRAYER CHAIN

Our church has an active prayer chain whose members regularly receive requests for prayers for specific needs. Although most often it concerns health, the need may be in other areas as well. To place a request for prayers, please call the church office at 973-627-4243 or email the office at umcmounttabor@verizon.net.

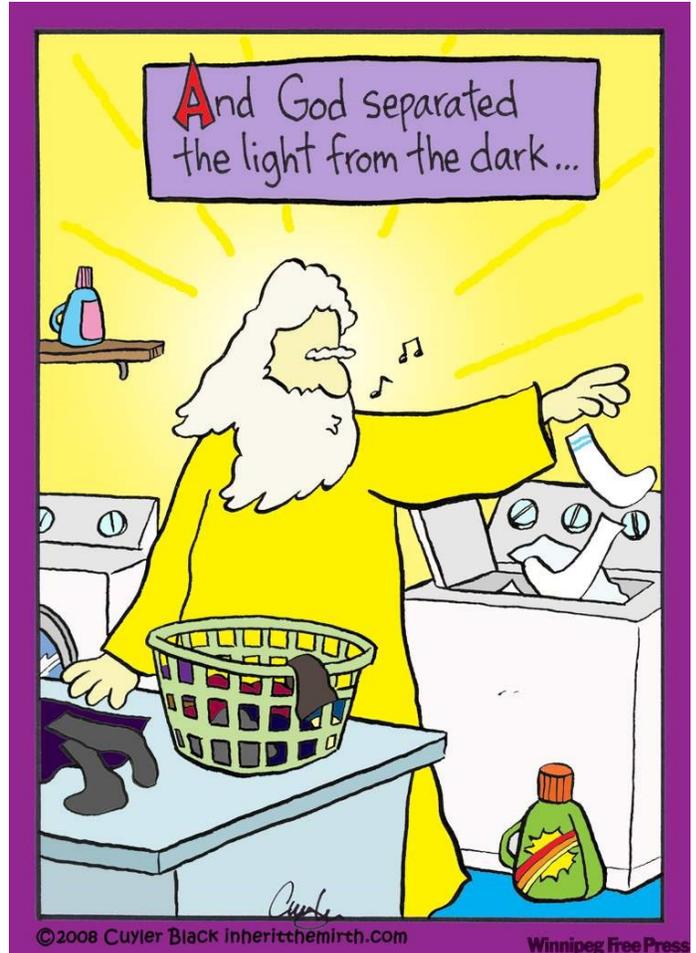


PRAYERS NEEDED

Please keep the following people in your prayers:

David Ober, Jr	Donna Wojcik
Jan Atkinson	Bob Gerardi
Carolyn Wescott	Ron Dickerson
Patricia Caldari	Marie Dickerson

All the Families who lost loved ones to COVID-19



WELCOME

The United Methodist Church at Mount Tabor is a community of faith-filled friends who seek to grow closer to God through the ministry of Jesus Christ and by the guidance of the Holy Spirit. We celebrate the history of Mount Tabor, and look with hope toward the future. Everyone is welcome here; everyone is cherished here; for everyone is a child of God. All are welcome to participate with us in our journey of faith, regardless of background, theological stance, or personal characteristics. We rejoice in God creating us to be a diverse family; and we strive to follow the Spirit's leading as one, while maintaining and upholding our individuality. Because of the current official stance of The United Methodist Church, we feel it is important to state a welcome to those of all sexual orientations and gender identities—You are welcome here.

God loves you just the way you are; and so do we.

OUR TEAM IN MINISTRY

Pastor: Pastor Rosario Quiñones

Home: 973-627-2940 Cell: 214-636-2644 Email: rosario.l.quinones@live.com

Pastor Emeritus: Reverend Carolyn Fagan

Home: 973-285-3965 Email: carolynmayfagan@gmail.com

Student Pastor: Jeannette Zajac

Cell: 570-269-5182 Email: Jeannette.zajac@gmail.com

Manager, Tabor's Treasures: Dawn Zinckgraf

Home: 973-538-5039 Email: taborstresuresumc@gmail.com

Church Office Administrator: Dodi Skovronek

Office: 973-627-4243 Email: umcmounttabor@verizon.net

Ad Council Chair	Jeff Dickerson	973-625-2879
Church Council	John Ryans	973-625-3660
Finance	Kevin Davis	973-971-9927
Fundraising	Adam & Trish Caravaglia	973-903-9082
Lay Leader	Ned Stroh	973-876-9846
Lay Member to Conference	Bruce Downing	973-627-5424
Ministry of Art	Dawn Zinckgraf	973-538-5039
Mission Outreach	Warren Ververs	973-625-7310
Recording Secretary	Nancy Gerardi	973-479-2364
Staff Parish Relations	Janet Ryans	973-625-3660
Stewardship	Jill Downing	908-852-6026
Sunday School	Hilary Ververs	973-625-7310
Trustees	Mike Zinckgraf	973-538-5039

The United Methodist Church at Mount Tabor publishes Tidings monthly. Please address correspondence to:

The United Methodist Church at Mount Tabor

5 Simpson Avenue

PO Box 29

Mount Tabor, NJ 07878-0029

Email: umcmounttabor@verizon.net

www.umcmounttabor.com